



**Developing a
joined-up local
model of care
and support for
older people**

Reshaping Care in the Forres locality



**February
2018**

Welcome to Reshaping Care in the Forres locality

What this is about

Like the rest of Scotland, the Moray Integration Joint Board and Health & Social Care Moray face significant challenges.

Demand for health and care services is increasing. People are **living longer** and increasingly more people are living with **multiple, complex care needs** that require **more support** from health and social care services.

We are required to find savings from our already reducing budgets at a time of rising demand. Some of the services and facilities which have served communities well in the past no longer meet our aspirations to deliver to the highest standards. We also face a shortage of some groups of staff.

If we carry on delivering services as we are, we will not be able to support the growing number of people who will need our services in the future.

This document marks the launch of our Reshaping Care transformation programme to develop a joined-up local model of care and support for older people in the Forres locality which will help address these challenges.

We look forward to working with everyone with an interest to develop the right model to respond to local needs and issues.

About us

The Moray Integration Joint Board (MIJB) is the governance board of Health and Social Care Moray.

The Board has responsibility for planning and overseeing the delivery of joined-up health and social care services in the community which have been delegated to it by Moray Council and NHS Grampian.

The voting membership of the Moray IJB comprises elected councillors from Moray Council and NHS Grampian Board members. They are supported by a range of stakeholder advisers including clinicians, staff, patients/service users and carers, trade unions, the Third Sector and Independent Sector.

We are committed to supporting people – particularly those whose needs are complex and involve support from health and social care at the same time – to live longer, healthier lives as independently as possible through the provision of proactive, joined-up services.

We want to be recognised as a successful organisation which has a positive impact on people's lives, continuously improves the services people use and their experience of them, while delivering value for money by using resources effectively.

What could the new model look like?

Reshaping care

People have told us they want to receive services in their own homes and in their local community which support them to stay well and minimises the need for hospital admission.

We know that treating people closer to home through more localised services leads to them recovering and regaining their independence quicker and having a better quality of life.

Addressing the challenges we face and responding to people's wishes will mean a change to the way we think about health and social care services and the different kinds of support people might need from the wider community as they grow older and are faced with frailty, multiple conditions, the risk of hospital admission and the need for end of life care.

In creating a sustainable and affordable new model of care and support we need to look at what works well in the current system, what needs to be improved and what should stop.

This is not about cutting services and not putting anything else in their place but we need to have honest and possibly difficult conversations about what we can do without, do less of or do in a more effective way.

Working together

The Reshaping Care programme is an ambitious and exciting opportunity for improvement.

We want to ensure people who use health and social care services, their families, people who deliver services and support and others with an interest, all have opportunities to get involved in designing the best model possible.

Building on previous community engagement events held in Forres in 2017, we will be holding a series of open co-production workshops in February, April and June this year to gather ideas, identify priorities and explore opportunities for transformation.

A core project group of stakeholders will be responsible for reviewing what comes from the workshops, considering possible options and scoring them before identifying a preferred option for the new model and presenting this to the community for feedback.

This option will then be subject to formal consultation before a decision to approve and implement is made by the Moray Integration Joint Board by early 2019.



Tell us your views

You can share your views or questions with us on the Reshaping Care programme in a range of ways.



Go to the Health & Social Care Moray website at <https://hscmoray.co.uk/current-engagement.html> to keep up to date with the programme.



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Get involved

Health & Social Care Moray will be hosting a series of co-production workshops over the coming months to provide opportunities for everyone to get involved and have their say.

The workshops are open to anyone with an interest. The first of these are:

- Information drop-in – Monday **26 February**, 3-6pm in Forres Town Hall
- Workshop – Wednesday **28 February**, 7-9pm in Forres Town Hall

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