

Health & Social Care Moray

Delivering Home First for Moray



Working together to stay well at home

Staff update 10 – 20.11.20

Third Sector action group

Partners in Care – Moray’s strategic plan for health and social care – reinforces the importance of partnerships with individuals, their families and communities, and across systems and sectors to create a whole system model for high-quality, safe and sustainable health and care provision.

Home First is one of the three strategic priorities and is based on the simple ethos that a person’s own bed is often the best bed and people will recover better and faster at home. Through the delivery of key work streams we are committed to reducing admissions to long-term care, avoiding unnecessary hospital admission and attendance, supporting early discharge, and reducing long-term care demand.

Our work to support and care for people at home or close to home is enhanced by the continued development of productive and effective partnerships with Third Sector that maximise and value their expertise.

Moray’s Third Sector incorporates a vibrant and diverse range of organisations comprising professionals and volunteers who work with and support a wide range of people who have a clear stake in the successful implementation of Home First.

This includes unpaid carers, people of all ages discharged from hospital to recover and live as well and independently as possible within, and as part of, their local communities, people with long term conditions, and everyone else with an interest.

The community-led response to the pandemic over the last eight months has been incredible. People have come together to help each other with food, medicine, transport and friendship. They have done this informally and through existing and newly-set up groups which have responded swiftly and often innovatively.

New possibilities are already being created through the recovery and renewal phases that can help our ambitions for Home First now and into the future.

The Third Sector and the variety of people and groups it comprises are vital to the successful system-change and behaviour change required for the implementation of Home First, including supporting the delivery of the messaging that home is the best place for people to recover and rehabilitate. It is where an assessment of needs should take place among familiar surroundings.

The Third Sector identified the need for a short life working group in support of Moray’s Home First agenda. A planning and action group is in the process of being established via the tsiMORAY Health & Wellbeing Forum to ensure the Third Sector is fully engaged in active co-production of pathways and activities contributing to the development and successful delivery of the Home First Implementation Plan.

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