

### Covid vaccination programme

The Joint Committee on Vaccination and Immunisation (JCVI), as part of its latest review of the Covid vaccination programme, has published a statement setting out its interim advice on the next phase of the programme, due to commence in the autumn of 2022.

The JCVI is recommending a single dose of Covid vaccine is offered to:

- Residents in a care home for older adults and staff working in care homes for older adults
- Frontline health and social care workers
- All those 65 years of age and over
- Adults aged 16 to 65 years in a clinical risk group

Winter has been the season when the threat from Covid is at its greatest for individuals and for health and social care services. The main aim of the autumn programme is to supplement population immunity and protection - specifically severe disease and hospitalisation - during the winter.

The JCVI will give consideration to the inclusion of further groups for the autumn programme which is expected to run between September and December. National planning has begun for the implementation of the programme alongside the current vaccination campaigns which includes the ongoing spring booster.

### Board meeting

The next meeting of the Moray Integration Joint Board, which has responsibility for the planning, resourcing and operational oversight of a wide range of health and social care services, will be held tomorrow (Thursday).

This will be the first meeting of the Board following the local government elections on 5 May, and Moray Council has been invited to appoint four councillors as voting members alongside four non-executive members of the board of NHS Grampian.

Membership of the Board and its Committees (Audit, Performance and Risk, and Clinical and Care Governance) is one of the main agenda items along with consideration of a return to in-person meetings.

A report will also be presented on the impact of the Discharge to Assess Service on system flow and capacity and the developing Hospital without Walls programme which will challenge the traditional notion of inpatient care by enhancing opportunities to provide hospital-level care for older people with frailty and multiple long term health conditions in their own homes via multidisciplinary teams.

Board members will also be asked to consider the future model of General Medical Services (GMS) provision associated with Moray Coast Medical Practice and its surgery buildings in Lossiemouth, Hopeman and Burrehead.

The meeting starts at 9.30am and will be webcast. The agenda and reports are available [here](#).

### Change to helpline hours

From Monday 30 May, NHS 24's Covid special helpline will be open from 8am to 6pm Monday to Friday only. There will be no weekend service.

This a non-clinical service for general coronavirus enquiries and supports individuals who don't have internet access to book PCR tests. The change in hours from the previous 8am-8pm service is due to reducing demand as a result of the changes in public wide testing and stay at home advice.

### Mindfulness course

For health and social care colleagues keen to explore mindfulness, the NHS Grampian We Care staff wellbeing programme's eight week Mindfulness Based Stress Reduction (MBSR) course is set to be a great starting point.

Each session will last two hours and run weekly. The next start dates are 9 June at 7pm and 27 September at 5.30pm, with further dates to be rolled out

For a taster of mindfulness meditation before deciding whether to sign up to a course, a 40 minute session will be held online on Friday 27 May at 11am with more to follow each week in June. Contact [gram.mindfulness@nhs.scot](mailto:gram.mindfulness@nhs.scot) to learn more and book.

### NHS Scotland event 2022

Registration is now open for the NHS Scotland Event 2022, which will take place at P&J Live in Aberdeen on 21-22 June. This year's event takes as its focus the future priorities for the NHS, building on successes and achievements and taking forward a collaborative approach to delivering the highest quality person-centred, safe and effective integrated care for every individual in Scotland.

The programme includes the opportunity to hear from Professor Sir Gregor Smith, Chief Medical Officer, who will take to the stage to present his annual report. Other speakers include Humza Yousaf, Cabinet Secretary for Health and Social Care and Kevin Stewart, Minister for Mental Wellbeing and Social Care. There will be opportunities to hear from Caroline Lamb, Chief Executive of NHS Scotland; John Burns, Chief Operating Officer, NHS Scotland; Professor Alex McMahon, Chief Nursing Officer; Donna Bell, Director of Social Care and National Care Service Development; and Donald Macaskill, Chief Executive, Scottish Care.

Over 200 posters will be on display throughout the event showcasing aspects of quality improvement work undertaken by NHS staff in categories including person-centred care, safety, effectiveness, infrastructure, health of the population, value and sustainability, and integrated care.

The NHS Scotland Event will be preceded by the first ever Experience Day, arranged in partnership with NHS Grampian and featuring visits to the Inverurie Health and Care Hub and University of Aberdeen's Foresterhill Campus.

Visit [www.nhsscotlandevents.com](http://www.nhsscotlandevents.com) for details on the full programme and how to register.

Protecting people in Moray



## **Moray Violence Against Women & Girls Partnership Development Day (VAWG)**

Wednesday 29 June 2022

9.30am – 4.30pm

Williamson Hall, Duff Avenue, Elgin

*Speakers include:* Public Protection, Moray Rape Crisis, The Army Welfare Service, Police Scotland & Moray Women's Aid

Join us to discuss the latest developments in the VAWG field locally and nationally, with opportunities for discussion and networking. The afternoon session will focus on developing the Partnership's collective priorities for the year ahead.

If you have something to say about the prevention of violence against women and girls in Moray, come and share it.

To register visit Eventbrite: <https://www.eventbrite.com/e/moray-violence-against-women-partnership-development-day-tickets-345519607447>