



Dear Colleagues,

Further on in this week's update you will read about the great work that continues each and every day in Moray to provide good health and care.

It is important that we listen to our residents and take on board when things are not working as they should. I

have mentioned before the first few days of operating in the Fiona Elcock Vaccination Centre. To see the well-deserved praise is fantastic and testimony to the hard work and dedication of the team to make rapid improvements and to sustain those so people coming to the centre have a good experience.

And thank you to the folk giving us the positive feedback - just as useful to know when we have got it right as it is to know when we have not. Now that is partnership working.

**Simon Bokor-Ingram,  
Chief Officer**

**Vaccination programme** - The Covid-19 vaccination programme continues to be rolled out across Moray in line with the priority groups as identified by the Joint Committee on Vaccination and Immunisation (JCVI).

Vaccination of 16-64 year olds with underlying health conditions is underway at the Fiona Elcock Vaccination Centre in Elgin. This is a large cohort which will take some weeks to complete. A service support manager has been appointed to oversee the day-to-day running of operations at the site. We continue to plan our capacity based on the projections for the amount of vaccine supply.

Feedback from people attending the centre has been overwhelmingly positive. We received the following email from a grateful residents last week:

*"I wanted to say how impressed I was with the efficiency, organisation, courtesy and encouragement of our NHS staff at the Elgin centre for the Covid vaccination. I have always held our NHS with great admiration, however I feel that this team were above and beyond expectations and duties, most definitely a calling. Please convey my utmost thanks for their kindness and exceptional organisation and courtesy, making it such an encouraging experience for me. I am also deaf in one ear and the person giving me my injection was so kind and helpful with me."*

The vast majority of care home residents and staff – who are the highest priority group - have received their second Covid-19 vaccination.

27,103 people in Moray had been vaccinated as of 26 February.

**Improving position** – Moray’s Covid rate, which has remained stubbornly high for some time, appears to be heading in the right direction at last.

The national positivity rate is now below that of early December (4.4%) and there continues to be a decrease in seven day positivity rates across all three Grampian areas - City 1.3%, Shire 1.6%, and Moray at 2.6% which, although still higher, is down from 4.4% the previous week.

The number of Covid patients in ARI also continues to fall.

**Community testing** – Around one in three people with Covid-19 have no symptoms but are at risk of passing on the virus to the wider community without knowing it.

Community testing facilities are currently available at the following locations:

- Forres - Forres House Community Centre, between 9am and 3:30pm (Mon-Fri) until 12 March
- Keith - Scout Hall, Fife Street, between 10am - 3:30pm (Mon-Fri) until 5 March.

These are drop-in facilities for anyone who is not experiencing symptoms of the coronavirus but who wants to be tested. If the result is positive, the testing team will provide further support.

It must be remembered, however, that these tests offer just a snapshot of a particular point in time. Anyone who tests negative could still go on to develop Covid which is why everyone needs to continue following all of the FACTS guidance.

Anyone experiencing Covid symptoms should not visit one of the dedicated asymptomatic testing facilities but instead should immediately self-isolate along with their household and arrange to be tested at the fixed location site at Lossie Green Car Park in Elgin, or via a home testing kit. See NHS Inform for details of how to get tested.

Updates on the location of community testing facility as it moved around Moray will be shared at: [http://www.moray.gov.uk/moray\\_standard/page\\_133282.html](http://www.moray.gov.uk/moray_standard/page_133282.html)

**Trauma informed workforce survey** – Traumatic events and experiences are more common than was previously recognised and they can happen to anyone. Abuse, neglect and other traumatic and adverse experiences, particularly those experienced in childhood, can have devastating and long lasting effects on people’s lives. The workforce is also affected by trauma - through their own personal experience and, in many cases, in the course of their work as well.

The ambition of the Scottish Government and many other partners across Scotland is for a trauma-informed and trauma-responsive workforce, with a recognition that we all have a role to play in understanding and responding to people affected by psychological trauma.

The aim is to ensure that services are delivered in ways that prevent further harm or re-traumatisation for those who have experienced psychological trauma or adversity at any stage in their lives and support their unique recovery journey.

The National Trauma Training Programme, led by NHS Education for Scotland in partnership with the Scottish Government, provides evidence-based training resources to support all sectors of the workforce to raise awareness, knowledge and understanding of psychological trauma and trauma informed practice. This, in turn, equips people to embed trauma-informed practice throughout services based on the key principles of safety, trust, choice, empowerment and collaboration.

A short survey <https://www.smartsurvey.co.uk/s/Workforce-NTTP/> is being undertaken to explore current levels of understanding of psychological trauma across the workforce, and to what extent trauma informed practice is currently embedded and where additional support may be required in future.

It is primarily aimed at all staff working across both the public and voluntary sectors. The closing date is this Friday 5 March.

**Healthpoint support** - The healthpoint service in Dr Gray's Hospital is open to all NHS Grampian and Health & Social Care staff in Moray for information, advice and support on a range of health and wellbeing topics.

The healthpoint team can provide support and information on a range of health and wellbeing topics including weight management, physical activity, smoking cessation and mental health wellbeing. Staff are welcome to pop in to the healthpoint or to book an appointment which can be via telephone, MS Teams or a face to face consultation.

Members of the public can also access advice and information from the healthpoint service via email or phone.



**healthpoint**  
We are Open!

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*Please contact 01343 567842 or email [gram.healthpoint@nhs.scot](mailto:gram.healthpoint@nhs.scot) for more support / information or to book an appointment.*

Members of the public can access the **healthpoint** service by calling: 01343 567842 or emailing: [gram.healthpoint@nhs.scot](mailto:gram.healthpoint@nhs.scot)

**Protecting staff webinars** - NHS Education for Scotland, ARHAI Scotland and the Scottish Government invite all those working in health and social care settings to attend a FREE webinar on “Infection Prevention and Control during the COVID-19 Pandemic - Supporting, Valuing and Listening to Health and Social Care Workers”.

Aimed particularly at frontline staff, the webinars will provide an opportunity for staff to engage directly with experts involved in decision making around appropriate levels of PPE and allow them to ask questions and raise any concerns they might have. There will be presentations from clinical experts and those working on the front line as well as a Q&A session on the existing infection prevention and control measures in place across health and social care in Scotland.

<https://learn.nes.nhs.scot/28079/coronavirus-covid-19/protecting-yourself-and-your-workplace-environment#webinars>



### Infection Prevention and Control during the Covid-19 Pandemic - Supporting, Valuing and Listening to Health and Social Care Workers

NHS Education for Scotland, ARHAI Scotland and the Scottish Government invite all those working in health and social care settings to attend a FREE webinar on “*Infection Prevention and Control during the Covid-19 Pandemic - Supporting, Valuing and Listening to Health and Social Care Workers*”.

The webinars will give staff the opportunity to put any concerns and questions to a panel of clinical experts and frontline staff. They will provide the latest information on infection prevention and control measures and the scientific base that underpins them. We will share intelligence on the routes of transmission, including the new variants of Covid-19, and will highlight how different interventions prevent transmission.

The webinars will last for 90 mins: 45 mins presentations / 45 mins Q&A session with a panel of experts

Learning outcomes:

- Explain how Covid-19 is transmitted
- Recognise the sources of information on which current infection prevention and control Covid-19 guidance is developed and reviewed
- Describe the different layers of control measures put in place to protect those working in health and social care settings during the Covid-19 pandemic
- Explain how data and information on outbreaks informs practice

**REGISTRATION:** To register, please use the following link, selecting your preferred date

<https://learn.nes.nhs.scot/28079/coronavirus-covid-19/protecting-yourself-and-your-workplace-environment#webinars>

**DATES**

- Live Session, Tuesday 09 March 2021, 1.30 - 3:00 pm
- Live Session, Wednesday 17 March 2021, 10:00 - 11:30 am

A recording and other resources will be made available after the live sessions at the link above.

**ACCESS TO WEBINARS**

You will be able to access the webinars on your computer/laptop, tablet or smartphone.